



## About the Dragon Dream Team

The **Dragon Dream Team** is Ohio's first dragon boat team comprised exclusively of breast cancer survivors. Our members are women of all ages and backgrounds, from newly diagnosed to long-time survivors.

When our team came together in 2007, we joined the more than 340 such groups and thousands of survivors around the world who have discovered that a dragon boat and the camaraderie of sister survivors could be the key to finding wellness and active life after breast cancer. Research strongly suggests that physical activity not only has a positive effect on the quality of life following a diagnosis of cancer, but may also improve and enhance survival. Through the sport of dragon boat paddling, Dragon Dream Team members are empowered to take back our lives and move forward in the spirit of fun, friendship, health and wellness. Our team competes in local, national and international festivals and races.

Raising awareness and giving back to the community is an important part of the Dragon Dream Team's mission.

**Boatloads of Hope** is our outreach program for breast cancer patients, especially those coping with the challenges of treatment. Each year, we present hundreds of newly diagnosed survivors with a silk pashmina embroidered with our logo and a personalized message of hope. Boatloads of Hope is currently in 13 northeast Ohio hospitals and cancer centers.

Each spring, we host our annual **Breast of Friends Dinner & Auction Gala**, which raises funds to support our team's activities. Since 2013, we have also hosted the annual **Dragons on the Lake Dragon Boat Festival**, which brings together more than 1,000 corporate and community paddlers for a day of camaraderie, competition and fun.



For more information on the Dragon Dream Team or to request an interview, please contact Bobbijo Werren at [info@dragondreamteam.org](mailto:info@dragondreamteam.org) or **330.352.4108**.