

MAY 2020

DRAGON TALES

THE MONTHLY NEWSLETTER OF THE DRAGON DREAM TEAM



IMPORTANT DATES

Saturday, May 9, 2020
Stewart's Caring Place
Hope Walk Reimagined

Tuesday, June 2, 2020
Board & Committee Meeting
6:00 PM at Craftsmen Park
Dining Hall

MAY & JUNE BIRTHDAYS

Members: If we omitted your birthday, please let us know

MAY

26 – Denise McCamish
27 – Amy Synk
31 – Sandie Fugitt

JUNE

8 – Laura Beringer
10 – Jen May
13 – Brenda Ptak

JUNE

20 – Mary Hlavac
21 – Holly Ross
22 – Monica Siko
27 – Kristen Evans
28 – Connie Torgersen
29 – Toby Bothel
30 – Deann Viebranz



PRAYERS

*If a DDT member is in need of prayers or support, please contact **Deb Merrow**, Sunshine Chair*

News from the Sunshine Committee

I sure hope that everyone is doing well. Mary Hlavac asked me to tell everyone that she went to a doctor in Florida and she is starting to feel better. She said it is slow, but that she is making progress. We prayed for Mary this month. As always, we remember Barb Oakes, Deb Pittak, Tara Reynolds, Deann Viebranz, and Christine Petro in our thoughts and prayers. This time is very scary for all of them and they could use some extra support. Stay safe everyone! ~ submitted by Deb M.

Remember we are all just walking each other home.

DRAGON MESSAGES

Message from Team Operations

If you have not received your reimbursement from the Florida Space Coast Camp, please notify Kristen as the refunds have gone out. We all are looking forward to next year's camp!

Our boats are in process of getting their needed repairs and sprucing up and will be back in Ohio soon.

Team Operations and the board are closely watching the races that we have chosen to attend this year due to Covid-19. Here is where things stand at this point - if we can participate in large events and that expected compliance for social distancing is not an issue for the safety of our members and guests:

- We will not be attending the Kentucky event due to our Gala being rescheduled to the same weekend.
- Buffalo has rescheduled their races to August 1st. Which is one week after our race and one week before our Gala.
- At this point our races on July 25th are still scheduled
- HOPE Floats BCS Challenge has been cancelled and will be rescheduled in 2021.
- The Cleveland and Pittsburgh races are still scheduled at this point.

More to come as we journey through these trying times, please do your best to exercise (it helps keep you mentally sane!) and everyone please STAY WELL! We will be back on the water soon, just not as soon as we all had hoped! Lots of Hugs and Paddles UP! ~ submitted by Barb & Juanita

Message from Public Relations Chair

Thank you to those who will be participating in Stewart's Hope Walk Reimagined. It's not too late to contact me at ahlad@zoominternet.net if you are interested. On May 9th we are to walk on our own and post pictures to the site. In place of our display table and paddle arch the following will be highlighted on their site. Stay safe ~ Amy



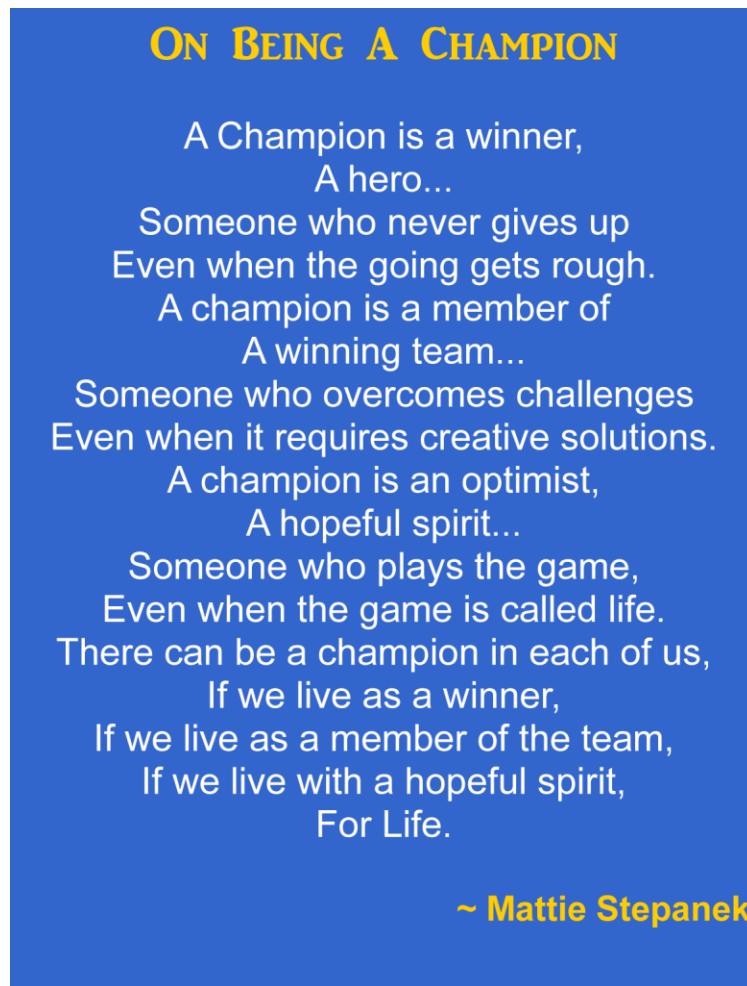
The Dragon Dream Team, Ohio's all breast cancer survivor dragon boat team is proud to support Stewart's Caring Place. On and off the water we show the community what an active life after breast cancer looks like. We cannot be there in person, but we are ready for you to FINISH STRONG with our paddle arch. For more information on the Dragon Dream Team please visit our website at dragondreamteam.org. Paddles Up!

THANK YOU

I would like to thank everyone for their thoughts and prayers for my husband after his back surgery! He is doing very well in his recovery! ~ Jo Johnston

DRAGON DELIGHTS

I heard this on a podcast today and immediately thought of the team. It seems fitting. Even though our season is delayed, there is still a champion within us all. Take good care! ~ Tara



COACHES' CORNER

A Time for Reflection

The pandemic that we're currently weathering can be frightening – if we allow it. While I don't want to belittle the threat that Covid-19 presents, I do want to remind you that this too shall pass. While you're sheltering in place, try to spend some time thinking about the things that you would like to do to improve yourself.

Whether your goals are reading more, gardening, lawn care, biking, walking, gourmet cooking, weight training or any other worthy pursuit, you've got time. The dragon boats will be there after we've conquered our spiky friend. But the time you now have available will not. Time is the most precious resource we have. Invest it wisely, and make yourself better in the process.

Paddles Up!
Coach Allen



Have information and photos to share?

Send to Monica Siko (msiko42@gmail.com) by the 20th of the month and it will be included in the following month's Dragon Tales, issued by the end of each month.

The Dragon Dream Team is Ohio's first group of breast cancer survivors participating in the team sport of dragon boating. Inspired by the courage of the dragon and the power of the paddle, our mission is to support and care for each other, increase self-esteem, physical and emotional wellness through paddling. The Dragon Dream Team demonstrates that life after breast cancer can be full, active and beyond all expectations. Our "Boatloads of Hope" community outreach program offers encouragement and support to breast cancer survivors and their families during the treatment phase of their cancer journey by the delivery of pashminas in area hospitals and cancer facilities, along with a powerful message of hope. The Dragon Dream Team is a 501(c)(3) organization.